

# Allowing God to Restore Our Souls

**Saturday**

**August 19**

**9 a.m. to 4 p.m.**

**at St. Alban's Episcopal Church, Austin**



## **Registration Information:**

Please register before August 12 by calling St. Alban's at (512) 282-5631, Kay Penney at (512) 247-5651, or email Katherine Muhlenbruch at [kmuhlenbruch@epicenter.org](mailto:kmuhlenbruch@epicenter.org).

St. Alban's is honored to invite you to this special day. Join us for a journey towards discovery and re-discovery of spiritual practices that refresh, restore, and re-collect our relationship to God, ourselves, and community.

We are pleased to welcome The Rev. Nancy DeForest, retired Episcopal priest, Spiritual Director trained in the Benedictine tradition at the Pecos Benedictine Monastery, and experienced retreat leader.

A light continental breakfast and a lunch of salads and sandwiches will be provided.

Please share any dietary concerns during registration.

Recommended donation of \$20

Conference sponsored by St. Alban's Community of Hope and Daughters of the King.

**Address: 11819 IH-35 South**

**Austin, TX 78747**